



# NCW Knitters Guild Newsletter

January 2014

## Business Meeting January 7, 2014

Presiding: Michele Townliand, President; 35 attending.

Welcome & Introductions by Michele. Five new potential members here tonight! Newsletter will be sent out sooner after meetings to better share pertinent information and sign ups.

We are hopeful that the Eagles will expand their menu, and that our group is eating enough on meeting nights to satisfy our membership commitment. More to come on this.

Should our group participate at the Quilt Show again in September 2014? Vendor fee is \$150, last year we were given special \$50 rate because we're not selling items. Comments leaned towards 'yes' if \$50 charge, 'no' if \$150.

Treasurer: Balance is \$2,811.96. One check for \$50 is outstanding and will be investigated.

December minutes approved. Minutes (in the newsletter) are emailed to members.

Membership: Check with Sally Thompson if you're not sure if your dues are paid. Interested in joining the guild? You can download a membership form at [www.ncwknittersguild.com](http://www.ncwknittersguild.com) and mail with your check to the address on website. If you brought a guest to the meeting, please feel free to forward this newsletter to them.

## Current Projects & Committee Reports

**Upcoming Programs:** February—Sue Baker, director of CASA (Court Appointed Special Advocates), will speak about the role and mission of the organization, and let us know how, as knitters, we can be involved.

### Workshops/Events:

- **Pybus University** - 30 people have signed up for the Learn to Knit event coming up on January 28th from 7-8:30 pm. A sign up sheet for tutors was passed at the meeting. If you'd like to help, contact Michele Townliand at [Michelet@nwi.net](mailto:Michelet@nwi.net) or 881-1423. She will contact us if a 'teaching' meeting is conducted prior to the 28th. For the event on the 28th, plan to arrive 20 minutes early. Mary Ann will lead the group and provide yarn. Participants must bring needles.
- **Fair Isle Class** - Date moved to March 1st. Sign up was passed— contact Victoria Bosche at [mvbosche@msn.com](mailto:mvbosche@msn.com) if you'd like to be included.
- **Madrona Fiber Arts** February 13-16 in Tacoma. If interested in carpooling/caravanning to event, contact Victoria Bosche. See details for event online.

**Shop Talk: Elite Needlework**—The shop is busy selling remaining inventory. Swifts and skein winders just came in and are 20% off. The last new yarns arrived, too. January 31st is still planned closing date.

**Cashmere Cottage Yarns**—Classes this month: Beaded lace cowl, Children's knitting workshop, and Sock KnitAlong with Michelle Hunter. Individual pattern sale— some are 60% off! Come and knit at the shop on Wednesdays from 1:00-3:00 pm or 5:00-8:00 pm, and on Thursdays from 1:00-3:00 pm.

**Warehouse Woolery**—Open knitting at the shop noon-6pm on Thursdays.

**Charity:** Thank you, thank you, thank you! 44 hats and 22 scarves were delivered to the Hospitality House on Christmas Eve. Many hats still to be sorted and transported to Wellness Place and Women's Resource Center. Rose, we miss your smiling face, and send you our good thoughts and prayers.

**Door Prize:** A year's subscription to Vogue Knitting—won by Jane Dunbar.

**Refreshment** chair for 2014 is Judy Marsalis. Sign up was passed and completed.

**Website/Library:** Visit the wonderful guild library housed at Fiber Trends, 430 Rock Island Road, East Wenatchee. You can also view the library inventory at [www.ncwknittersguild.com](http://www.ncwknittersguild.com)

**Tips/Tech/Tools/Misc:** Don't take your knitting when applying for a passport at Chelan County Courthouse—it will be confiscated!

For a stretchy cast on, using a larger than called for needle doesn't work. Instead, use the long tail cast on method, and hold the stitch farther away, leaving a definite space between stitches.

**NEVER** leave your knitting unattended with a **PUPPY** in the house!

There was discussion on non-stick products for the soles of slippers. Here is a link to a 'how to' video using bathroom caulk, and some other suggestions found via an internet search:

- [http://www.youtube.com/watch?v=\\_iqwbn9B8w8](http://www.youtube.com/watch?v=_iqwbn9B8w8) (using bathroom caulking)
- Non-skid rug cushion works great, found at Target (their brand is called Rug Stay) and Wal-Mart. Cut to size with scissors and sewn onto the soles. If you put in the dryer, though, best to turn inside out.
- Grippies, they're a terrific product for hand-knit items. They're made from the same material as medical tubing (so definitely non-toxic!) <http://www.grippiesonline.com>

**Program:** Maureen Johnson, Physical Therapist, and Tamara Wells, Occupational Therapist, both from Confluence Health, shared how to prevent repetitive strain injuries while knitting. Posture, stretching, focused breathing, and taking breaks can impact how your hands, shoulders, eyes, neck, and back feel from prolonged knitting sessions. Take care of yourselves!

# SHOW AND TELL



*Program presenters Maureen Johnson and Tamara Wells*



*Victoria's socks made with stretchy yarn*



*Judy & Christina model their mobius cowls*



*Cute hat and dishcloth by Sharon*



*Headband and hat made by Michele—patterns from "60 Quick Knits . . ." book. Sally also shared a beautiful slouchy hat from the same book.*



*Tracy's vest and slippers*

*Marcia S. made these dainty felted vessels—well, she called them volcanoes!*

